



MUSEUM OF
NATIVE AMERICAN HISTORY
BENTONVILLE, AR

Indigenous Medicine Garden Nature Journal

Name: _____



Indigenous Medicine Garden Nature Journal

This nature journal is to help you explore the environment around you and record your thoughts on what you see.

You can use this journal however you choose. You can find a specific spot to return every time, or choose a new spot in the Indigenous medicine garden for each entry.

Notice the changes that happen each time. You may spot a new plant, freshly blooming flowers, or even a animal enjoying the plants nearby.

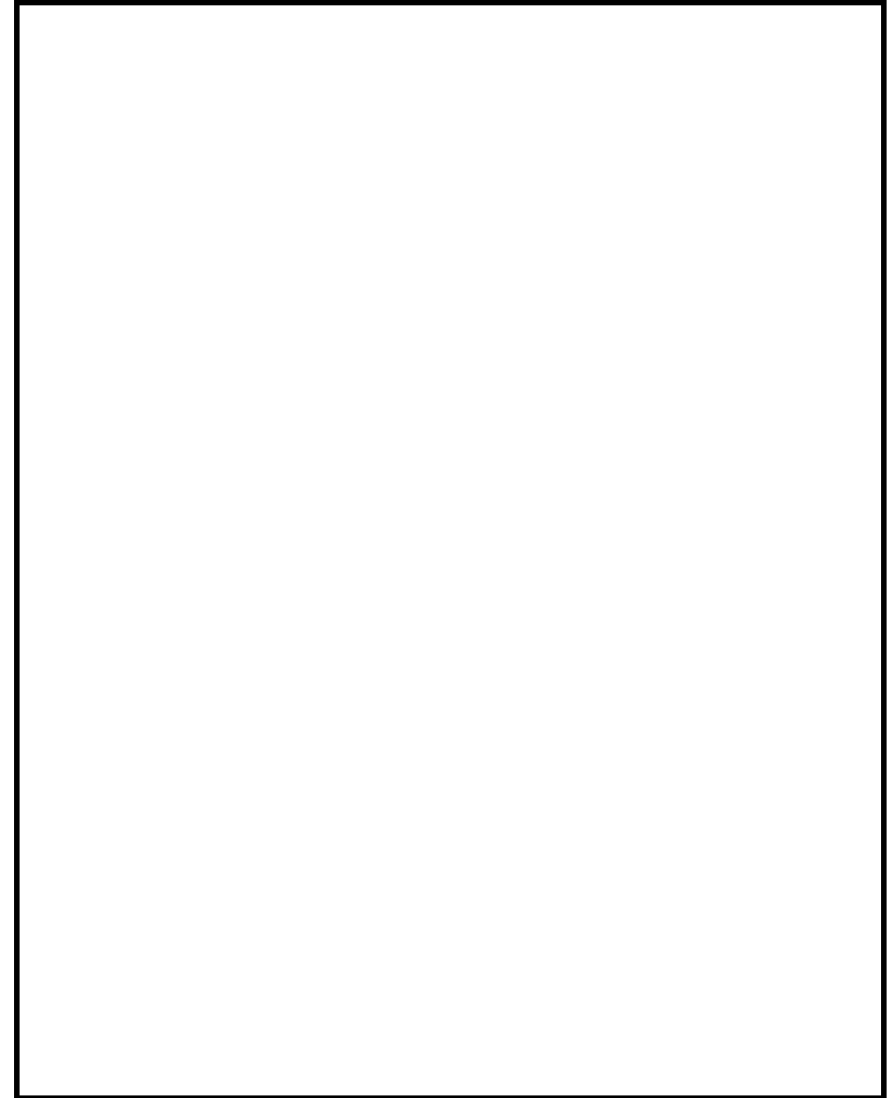
When choosing a spot to use your journal:

- Find a safe space away from pedestrians and cyclists.
- Make sure you feel comfortable in your spot.
- Always be with a parent or guardian if under the age of 16.

Date: _____ Time: _____

Weather: _____ Location: _____

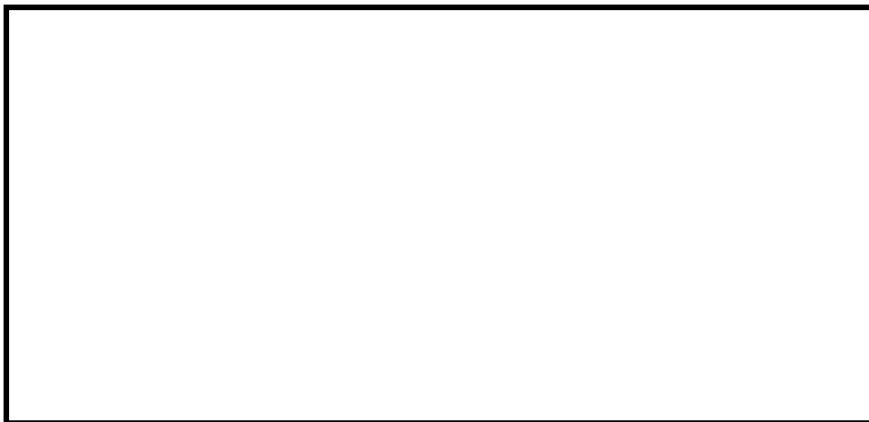
Draw a map of your surrounding. Include anything that will help you where your sit spot is.



Date: _____ Time: _____

Weather: _____ Location: _____

The outside world is full of exciting sights and smells. Draw something making noise around you.



What do you hear?

Date: _____ Time: _____

Weather: _____ Location: _____

The outside is never still. What around you is moving? It could be the wind, water, or even a bug. Draw something moving here.



What is your favorite thing to do outside? Why?

Date: _____ Time: _____

Weather: _____ Location: _____

Flowers can be both beautiful and useful! Do you see any flowers around you? Draw your favorite here.



Do you know of any uses of plants?

Date: _____ Time: _____

Weather: _____ Location: _____

Look above, what do you see? Are there clouds, birds, or leaves? Draw what you see here.

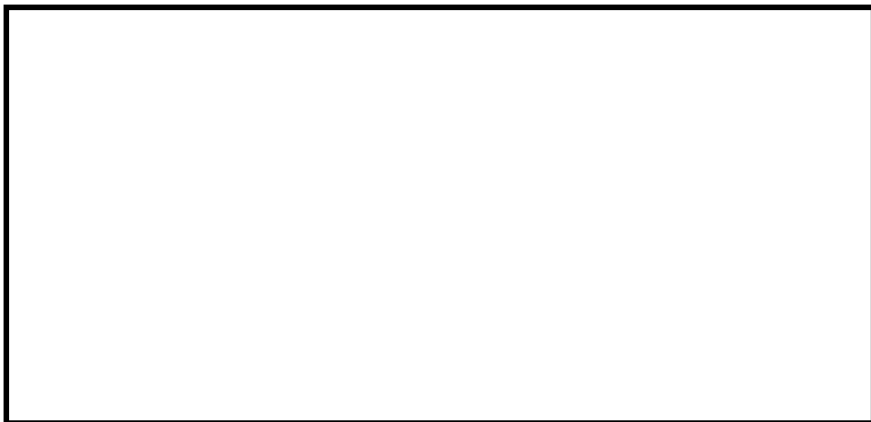


How does weather impact plants?

Date: _____ Time: _____

Weather: _____ Location: _____

All plants have roots. Draw any roots you see above ground, or what you think they look below the dirt.



What are the functions of roots for plants?

Date: _____ Time: _____

Weather: _____ Location: _____

Many plants have leaves. Leaves can be big or small, and plants may have many or few. Draw some of the leaves you see around you here.



What are the functions of leaves for plants?
