

MAKE A JOURNAL!

Journals are a great way to express yourself creatively and expand your imagination. Harness your creative spirit, like Eldrena Douma taught in her storytelling program by creating your own journal!



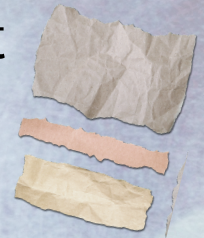
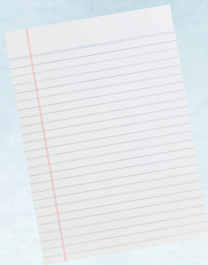
What you need:



Brown Paper Bag



Plain, scrap paper, or scrapbook paper



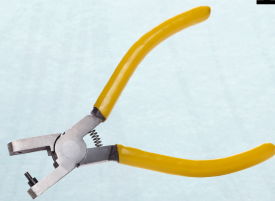
String or yarn



Markers, colored pencils, crayons, or paint



Hole-punch or scissors



Instructions

1. Fold your paper bag in half. This is your journal cover! If using plain paper, fold your paper in half and line it up with the folded paper bag.
2. Use the hole-punch or scissors to cut two or three holes in your paper bag along the folded end. Place them at least a few inches from one another and a little ways from the folded edge. If using plain paper, be sure to punch or cut holes that line up with the paper bag.
3. Loop your string or yarn through the punched holes. Tie a knot in each one, making sure that they are tight enough to not let the paper slip through. You now have a journal!
4. Decorate your journal cover using markers, colored pencils, crayons, paint, or any optional supplies you have at home! Be creative, what can you find to decorate with?

How to Use Your Journal

This is your journal, which means it is yours to create freely in. You can write down your dreams, your ideas, draw or create art, create stories, and so much more! Here are some ideas to get you started:

Tell a story using the three nearest objects to you.

Draw the last dream you remember having.

What does a day in the life of a family pet look like through their eyes?
Draw or write their story!



Share your finished craft and tag
The Museum of Native American History
on social media!



Have you met Tiny Tusker yet? You can
download and take Tiny Tusker on
adventures using the instructions [here](#).